

PW8 PEDALS



USER MANUAL

For safety reasons, please read this user manual carefully in its entirety before using your pedals.

Ensure that you follow all the instructions to avoid damage to the equipment. For any information on replacing worn parts not covered by the warranty (cleats),

please contact customer service at 0800 30 30 99.

WARNING:

Failure to follow these instructions can result in physical injuries or damage to your equipment.

⚠ DANGER

Failure to follow instructions may result in personal injury or damage to your equipment.

IMPORTANT SAFETY INFORMATION

Do not disassemble or modify the pedals or shoes, as this could cause malfunction and void the warranty.

Before using these pedals, cleats, and shoes, familiarise yourself with the engagement and release mechanism.

The PW8 pedals are designed to release only when you intend to, not automatically in the event of a fall.

Only use shoes compatible with PW8.

PW8 shoes and pedals are designed exclusively for road use.

Use only PW8 cleats and ensure the mounting screws are properly tightened on the shoes. Incorrect tightening may lead to falls due to improper cleat release.

Tighten screws to 3 Nm if you have a torque wrench. If tightening manually, screw them until snug, then add a maximum of 1/4 turn to ensure proper tightening.

Over-tightening may cause breakage.

Use only PW8 screws

SEAT HEIGHT

⚠ IMPORTANT

Before riding, apply the brakes, place one foot on the ground, and practice engaging and releasing each cleat until it becomes natural.

Start riding on a flat surface to get accustomed to using the cleats with the pedals.

When riding at low speeds or stopping (e.g., turning around, at intersections, on climbs, or in blind corners), always disengage the cleats from the pedals to be able to place your feet on the ground at any time.

Regularly clean your pedals and soles with warm water to prevent dirt buildup. This ensures perfect engagement and release of your shoes.

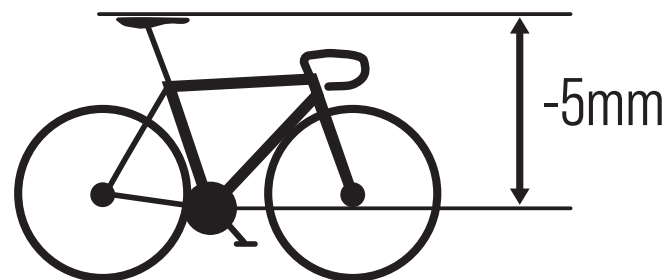
Do not wash your pedals and shoes with high-pressure washers.

Regularly inspect the cleats for any signs of wear. Replace them if necessary and always check their retention force before riding, especially after replacing them

IMPORTANT:

The PW8 system has been optimised to have the lowest possible pedal-to-shoe interface, providing exceptional performance.

This results in closer contact compared to most other systems. Therefore, we recommend lowering your saddle height by approximately 5 mm. This indicative value should be adjusted based on your comfort after the first few kilometres.



REGULAR CHECKS BEFORE USING YOUR BIKE



DANGER

Failure to follow instructions may result in personal injury or damage to your equipment.

Failure to follow these instructions can result in physical injuries or damage to your equipment.

PW8 pedals come with a lifetime warranty.

Cleats are not covered by the warranty for normal wear and tear, regular use, aging, or damage from falls.

Before riding, inspect your pedals and shoes.

Check that your cleats are properly tightened.

If you encounter issues when engaging or disengaging your pedals, check whether the cleats are excessively worn or if any foreign object is stuck.

If you notice a problem and cannot identify the cause, please call customer service at 0800 30 30 99.

YOUR KIT CONTAINS:

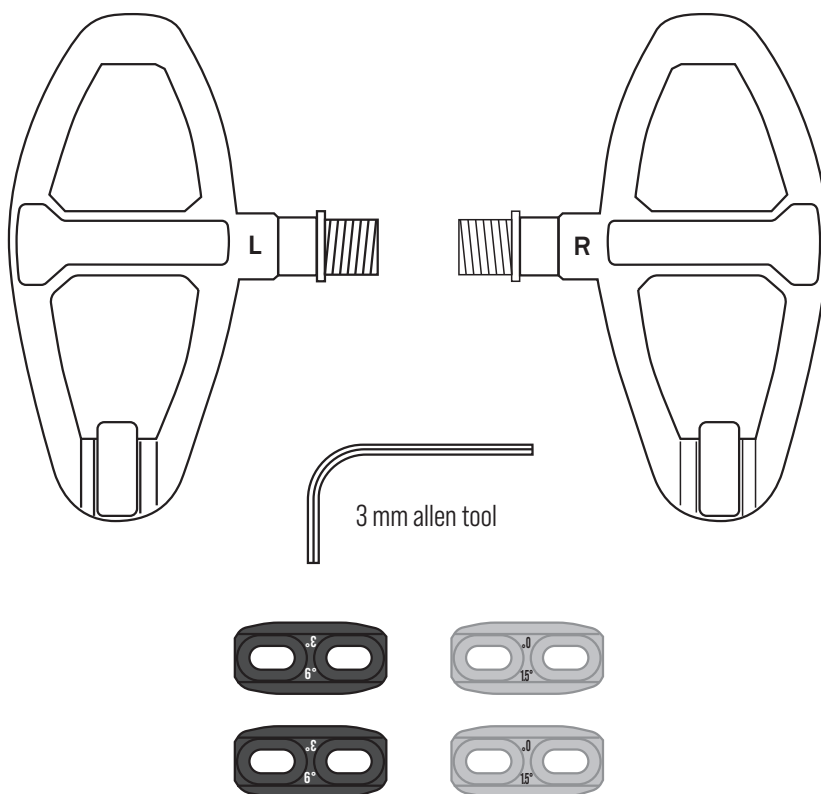
YOUR KIT CONTAINS

3 mm allen tool

Cleats with different release angles (0°, 1.5°, 3°, and 6°)

The right pedal is marked "R" (right).

The left pedal is marked "L" (left) and has a small groove on its axle.



PEDAL INSTALLATION

INSTALLING THE LEFT PEDAL

Use an 8 mm Allen key.

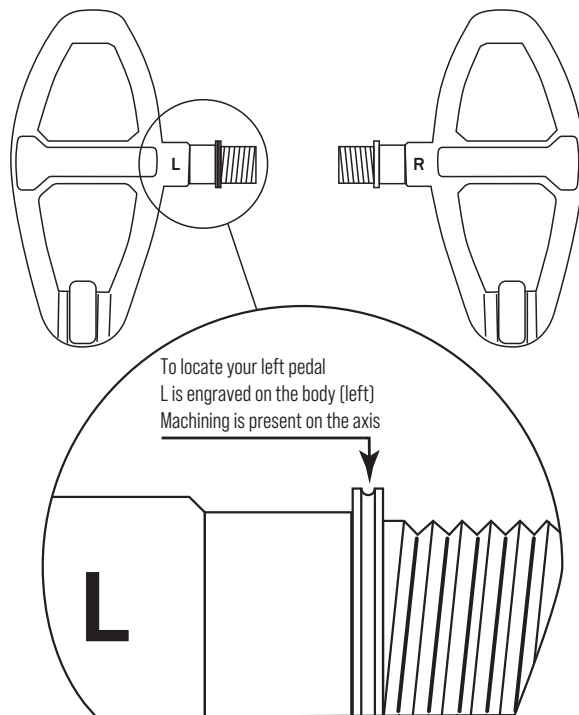
Left crank arm tightening torque: 35 Nm.

INSTALLING THE RIGHT PEDAL

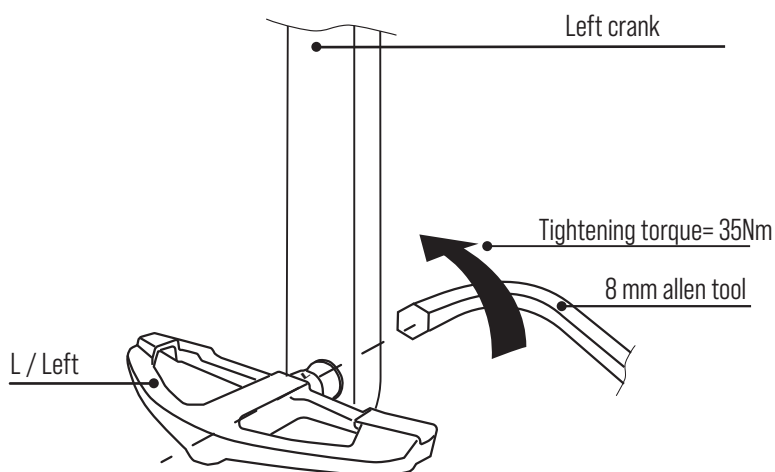
Use an 8 mm Allen key.

Right crank arm tightening torque: 35 Nm.

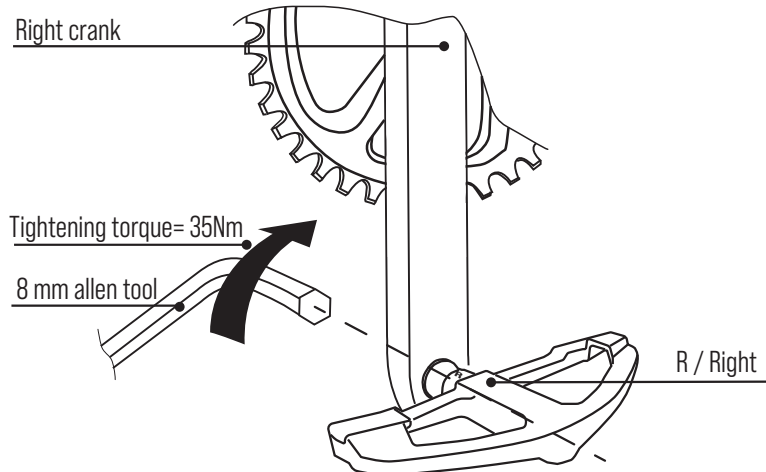
To install your pedals, you need an 8 mm Allen key (not provided). Identify the right pedal and the left pedal before mounting them on your crank arms.



INSTALLING THE LEFT PEDAL



INSTALLING THE RIGHT PEDAL



CHOOSING THE CLEATS

Select the release angle you prefer (0° / 1.5° / 3° / 6°).

0° angle:

No angular freedom between your shoes and pedals.
Immediate shoe release when you desire.

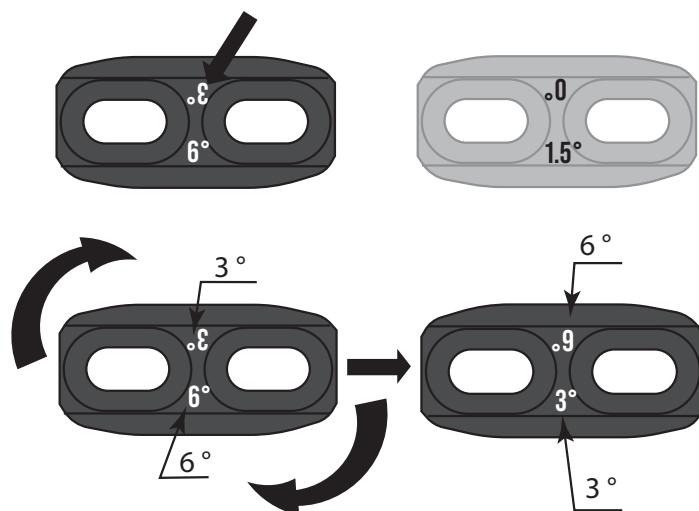
6° angle:

Significant angular freedom between your shoes and pedals.
Shoe release requires a larger lateral movement.

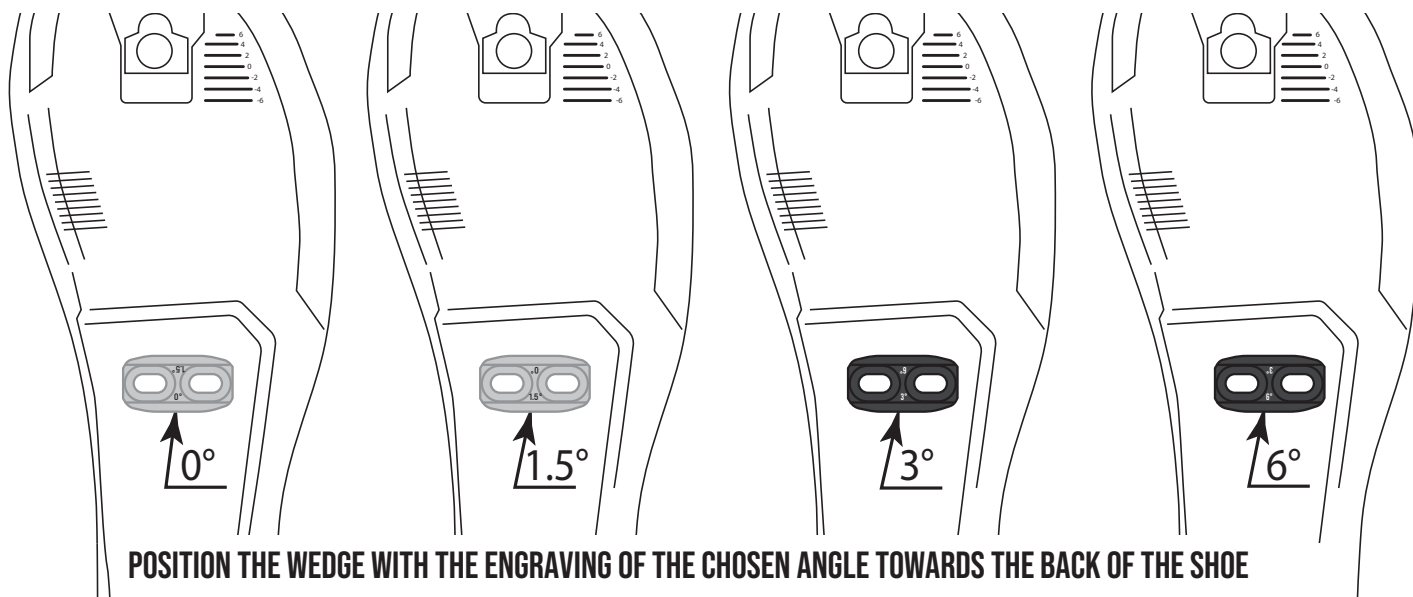
The angle values are engraved on the cleats.

Cleats with 0° and 1.5° angles are grey.

Cleats with 3° and 6° angles are black.



4 POSSIBLE TRIGGER ANGLES



POSITIONING THE CLEATS

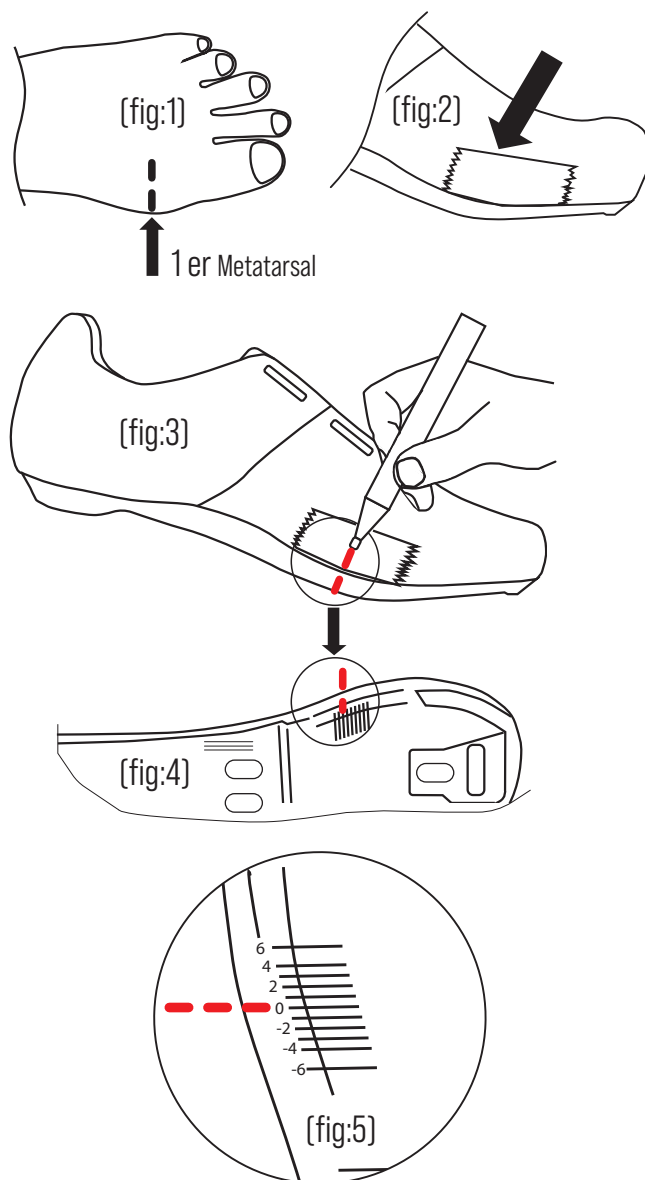
Identify the metatarsals of both feet.

Wear your cycling shoes.

Attach tape to the inner side of your shoes at the metatarsals, corresponding to the big toe joint.

Mark the position on the tape.

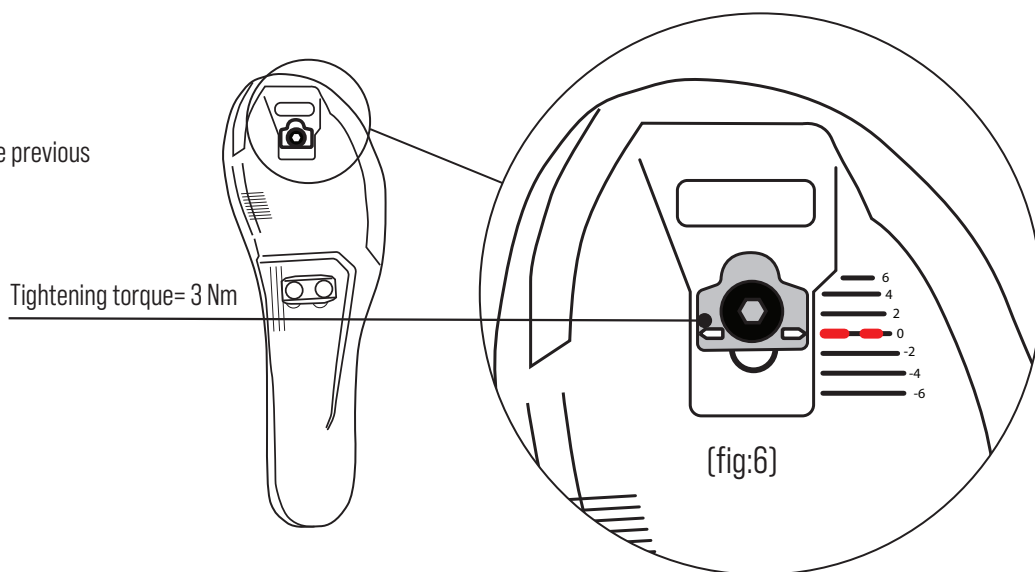
Extend this mark onto the sole of your cycling shoe. (fig:3) (fig:4) (fig:5)



THE FRONT CLEAT POSITIONING

Align the engraved mark on the front cleat with the previous corresponding sole mark. (fig:6)

Tightening torque= 3 Nm

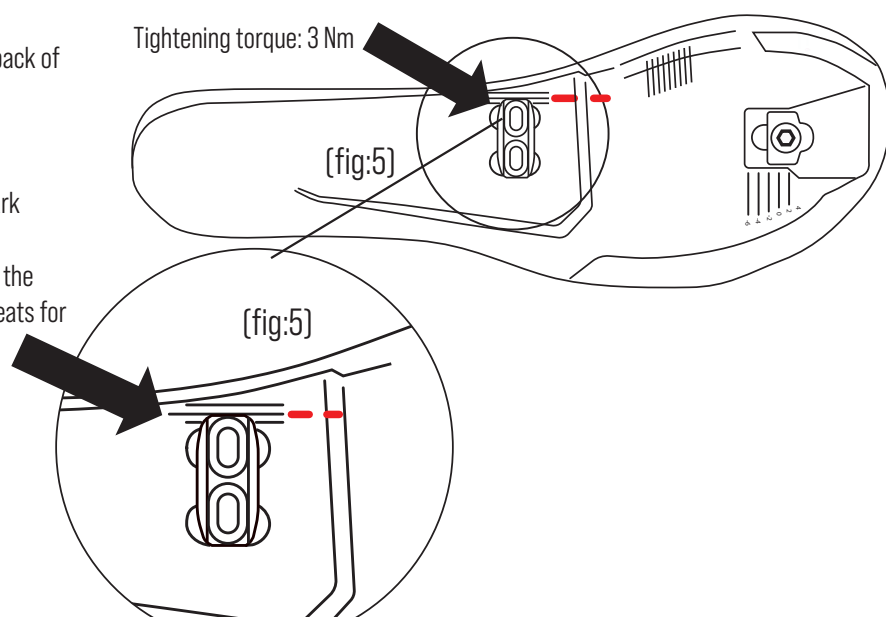


THE REAR CLEAT POSITIONING

Install the cleat with the engraved angle marking toward the back of the shoe. Tightening torque: 3 Nm.

Install the rear cleat and align it with the intermediate sole mark firstly.

Check that your feet are correctly aligned with your pedals on the bike. If necessary, modify the lateral positioning of the rear cleats for more comfort.



CLEAT REPLACEMENT

Cleats can be replaced without losing your settings. Always replace one cleat at a time to maintain alignment.

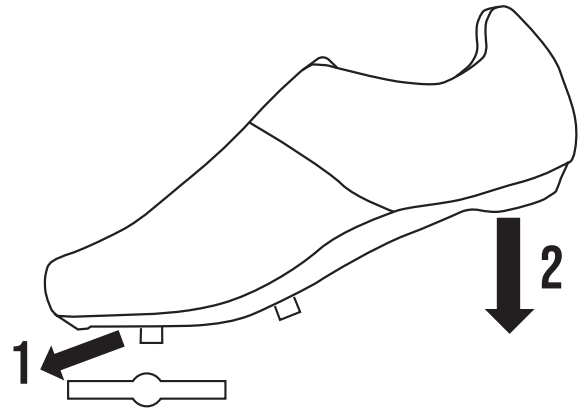
ENGAGING & RELEASING CLEATS



Failure to follow instructions may result in personal injury or damage to your equipment.

ENGAGEMENT

Place the front of the shoe on the pedal and push down with your heel to engage.



RELEASE

Rotate your heel outward to disengage the shoe from the pedal.

Note:

Before you set off on the road for the first time, it is strongly recommended that you familiarize yourself with the operation of your new PW8 pedals.

Keep one foot on the ground and practice engaging and releasing the pedals several times.

Rotate your heel flat outwards to release the shoe from the pedal.

To release, do not pull your heel upwards, but flat and on the outside.

